



PE ON A PAGE

Subject Leader: Miss Doherty

Active Learning:

- Lessons are designed to allow opportunities for active learning.
- Movement breaks are planned for during lesson transitions

Active breaks and lunchtimes

- Playground leaders to lead active sessions for children to join if they chose.
- Sports coaches support active lunchtimes

Competitions

- Children have opportunities to engage in regular competition, either via intra-school or inter-school competitions. This allows the children to apply knowledge and skills, so they can be the best version of their self, both individually and within a team.
- Children compete in intra-school competitions at the end of each games unit and within sports week.
- Children have opportunities to partake in inter-school competitions through School Games.
- All competition aim to support our sporting values and underpin our ethos as a CofE school.

High quality PE lessons

- Teachers use the Get Set 4 PE as a basis for each lesson. This is then adapted to meet the needs of pupils.
- Teachers to check the subject overview and progression of skills
- Children engage in an active warm-up, discussing the impact on the body and preparing them physically and mentally for learning.
- Children learn and develop new skills linked to their learning.
- Children are given the opportunity to develop and apply skills to game situations, performances or choreographed situations
- Children take part in and understand the importance of a cool down

Assessment

- Children recorded as working towards, expected or exceeding against their targets at the end of each term
- Opportunities for self-assessment and peer-assessment when performing skills

Resources

- Children and teachers to treat all resources with respect.
- Teachers to provide instructions about how to use equipment safely and how to carry equipment.
- Only adults to enter PE storage facilities.
- Ensure all equipment is returned to the appropriate place and put away tidily.

All children will thrive as sports people with access to:

- Clear objectives shared with the children
- Key vocabulary shared with children within lessons
- High quality demonstrations of skills provided by staff/pupils/GS4PE videos
- High quality equipment selected to support children with their skill development
- Talking partners used to support with self and peer observations
- Opportunities to demonstrate understanding through performance
- Competition with themselves and others